



From our February, 2015 Newsletter

## **Do You Know Interactive Metronome?**

IM is an assessment and treatment tool used by therapists and other professionals who work with pediatric and adult patients with neurological conditions that affect cognitive and motor functioning. IM provides an objective method for measuring difficulty with attention and timing, and for tracking improvement. Our IM certified therapists often use IM for our clients with Sensory Processing difficulties, ADD/ADHD, difficulty organizing and sequencing at home and school, and Autism Spectrum Disorder. IM is an evidence-based, engaging therapeutic modality that improves cognitive and motor skills. IM Universe is their latest home based program, incorporating games with great graphics into their program. The design of the program ensures that patients recognize progress as it is occurring, increasing their motivation toward therapy and their ultimate recovery.

IM is used to improve:

- Attention
- Coordination
- Rhythm and Timing
- Motor Planning
- Language processing
- Reading and math fluency
- Control of impulsivity/aggressive behavior

We're thrilled that OTs Mary Ann Loreng and Marjory Hansen have recently become Interactive Metronome Certified Providers. OT Director Laurie Kalb is also an Interactive Metronome certified provider as well as a IM Home Virtual Training Specialist.

