



## 2016 Holiday Gift Guide Newborn Babies - Toddler

Dear Parents,

It's the gift-giving season once again. This year we are adding a list for Newborn Babies through Toddler. You can always ask your therapist to assist you with suggestions for your child. Keep in mind that each child is unique and babies develop at their own rate so these age ranges are only loose guidelines.

To make shopping easier, most of these items are available at our Pediatric Potentials Amazon Store.

Visit **[www.PediatricPotentialsNJ.com](http://www.PediatricPotentialsNJ.com)** , click on **“Shop”** (right corner)

Happy Shopping and Happy Holidays!!!!

In a child's first months, your baby will most appreciate things she can look at and listen to. She is drawn to human faces and high contrast patterns as well as bright colors. She is also learning to appreciate sound. She is encouraged to spend some awake time on her tummy, developing head and neck control.

Boppy -to encourage tummy time while your child is awake

Hand held toys (Noggin stick) are perfect for this age

Music box toys

Hanging mobiles- for play at home and on the car seat

Lamaze Wrist and Foot Rattles

Baby Safe Mirror -one you can stand up in front of her for tummy time

Soft Books -with high contrast patterns such as babies first photo album

At **3-6 month old** babies are typically discovering how much fun her own hands can be. They are trying to grasp toys and bat at toys.

Lightweight rattles such as the noggin stick

Activity bars

Baby Einstein soft blocks

Soft stuffed animals and dolls

Squeaky rubber toys that are safe to teeth on such as Sophie.

Balls such as the Oball

Activity mats and quilts such as the Around the World with Baby playmat

**6-9 month old** babies enjoy toys that promote movement, action and reaction and using both hands to explore. The child may begin to sit up, crawl on belly or on all 4's.

Light and sounds baby basketball

Hop and pop piano

Blocks

Stacking cups

Fisher price rock a stack

High chair suction cup toys

Fisher Price Bright Beats Smart Touch Play Space

Large plastic trucks

Rocking Rody

Push Toys

Musical instruments

**9-12 month olds** are usually mobile, belly crawling, creeping, cruising and pulling up to stand. They are working on problem solving.

Push toys

Pail and shovel

Shape sorter

Toy telephone

Play cooking

Melissa and Doug big knob puzzles

Melissa and Doug inch worm pop blocks toy

A typical **12 – 18 month old** is learning to explore his world. Anything that keeps them active can hold their attention such as balls, swings and tiny climbing sets. Small hands are becoming more coordinated so this is a good time to introduce chunky crayons for scribbling.

Duplo blocks

Shape sorters

Nesting blocks

Push toys

Board books

Ride on toys

**Young toddlers** are becoming more excited about their independence. They will love,

Imaginary Play Toys such as Play Houses, Play Kitchen Sets, Tea Sets, a Doctor Kit.

Manipulative toys with knobs, open and shut doors, wooden puzzles

Creative Play Toys which promote music and movement.